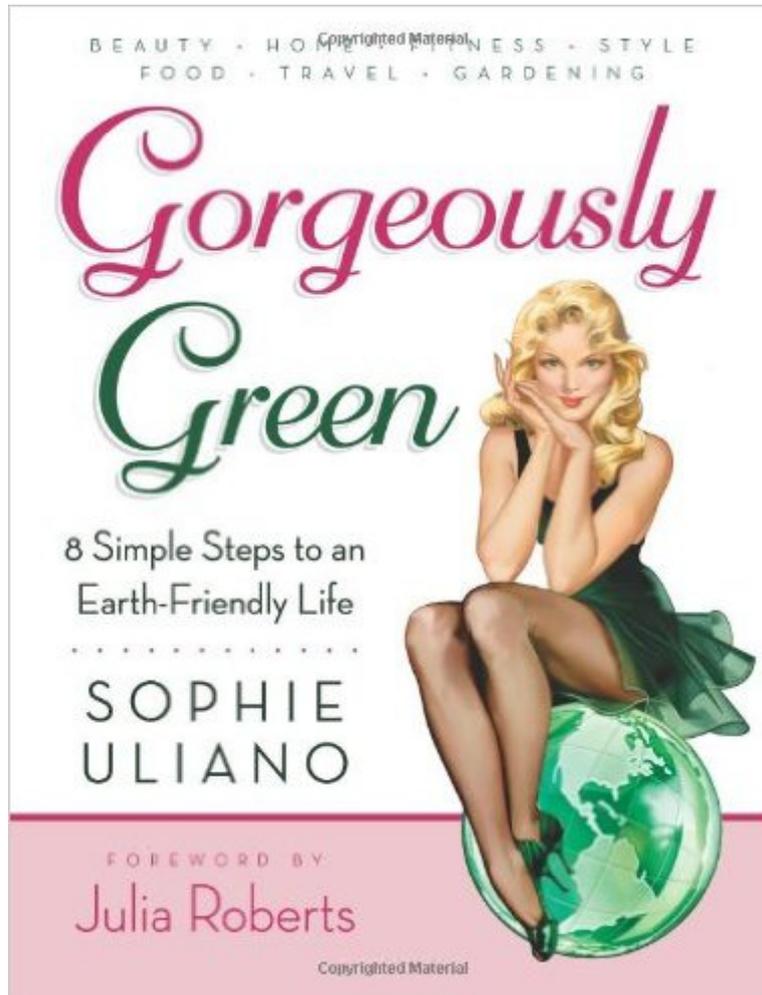


The book was found

Gorgeously Green : 8 Simple Steps To An Earth-Friendly Life



Synopsis

Georgously Green

Book Information

Paperback: 336 pages

Publisher: WmMorrowPB (April 8, 2008)

Language: English

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Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (112 customer reviews)

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Customer Reviews

This book has sections for every green aspect of life. I wish I could give it four and a half stars because overall it's great to have, but does have a few *minor* problems. It seems to be targeted at thirty to forty something mothers with young children, but I'm none of the above (20s single) and still found this book to be jammed packed with useful information. My favorite section was the beauty one. I was using a natural moisturizer I thought was pretty safe but instead turned out to be a 7 out of 10 hazard on the Cosmetic Database! The book also includes an enlightening section on yoga routines which actually seem doable. The house section is all encompassing, from your mattress down to your shower cleaner. Uliano also provides a handful of skincare recipes which are easy and straightforward. There were somethings that did annoy me with this book, though as I said before they are all minor. Number 1 is that the first chapter can just be ignored, it was boring and really didn't seem to have a point. 2nd is that there are several noticeable typos throughout the book (minor, once again). 3rd, Uliano plugs her website throughout all the sections. If you want to use any of the checklists or quizzes she has created, you need to register on the website first. It's a bit off-putting. 4th, I wish there were more food recipes provided. 5th, a few of her tips seem a bit extreme, i.e. I'm probably not going to pack any carrot sticks the next time I go to the movies or an amusement park. 6th, and this is my biggest gripe, I wish she would include some information on

the cost of some of the products and services she mentions! All-in-all, I'm very happy with this book.

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